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**Dátum:**

**Meno:**

**Typ analýzy:**

1 **High Functioning, but Still Alcoholics (TEXT 2)**

2 Sarah Allen Benton is hardly your stereotypical alcoholic. She has a master of science degree  
3 from Northeastern University and is a licensed mental health counselor at Emmanuel College  
4 in Boston. In recovery from alcoholism for the last five years, she has written an enlightening  
5 new book about people like herself, "Understanding the High-Functioning Alcoholic" (Praeger  
6 Publishers).

7 As Ms. Benton describes them, high-functioning alcoholics are able to maintain respectable,  
8 even high-profile lives, usually with a home, family, job and friends. That balancing act  
9 continues until something dreadful happens that reveals the truth — to themselves or to others  
10 — and forces the person to enter a treatment program or lose everything that means anything.

11 Typical high-functioning alcoholics, or H.F.A.'s as Ms. Benton calls them, are in denial about  
12 their abuse of alcohol. Coworkers, relatives and friends often enable the abusive behavior to  
13 continue by refusing to acknowledge and confront it.

14 "The story of the H.F.A. is seldom told," Ms. Benton writes, "for it is not one of obvious  
15 tragedy, but that of silent suffering."

16 Based on surveys and professional experience, she estimates that as many as half of all  
17 alcoholics are high-functioning types. The abuse can go on for decades until and unless some  
18 alcohol-related crisis occurs, like being arrested for drunken driving, exposed for having made  
19 unwanted sexual advances or being asked for a divorce when their spouses can no longer  
20 tolerate the abusive drinking.